

CPAAA is here for you

If you have a question or need support, give us a call.

*Our friendly and helpful staff are here to support you now and throughout the year! We offer resources, information and even wellness videos on Facebook or our YouTube channel. Find us in either location, just search for **“Central Plains Area Agency on Aging.”***

CPAAA is here to help adults 60+ and caregivers. Call 855-200-2372.



Central Plains Area Agency on Aging

Place this on your refrigerator or bulletin board
for easy access to help and resources.

CPAAA is here when you need us!