

CPAAA Lending Library

Title	Author	Copies
Caregiver		
36 Hour Day, The	Nancy L Mace, et al.	2
And Thou Shalt Honor- A Caregivers Companion	Beth Witrogn McLead	1
Aging America Resource Guide 1st edition	Christine Himes	1
Aging in Stride	Arnold G. Parks	1
Caregiver Helpbook- Powerful tools for Caregiving	Vicki Schmall, et al.	4
Caregiver Survival Guide, How to stay healthy when your loved one is sick	Kay Marshall Strom	1
Complete Idiots Guide: Caring	Linda Phodes Calvin	1
Family Caregivers and Dependent Elderly		1
Fearless Caregiver, The	Gary Barg	1
How to Care for Aging Parent	Virgina Morris	1
Letters from Madelyn:Chronicles of a Caregiver	Elaine K. Sanchez	1
Quick Tips on Caregiving	Marion Karpinski, RN	1
To Love what is: A marriage transformed	Alix Kates Shulman	1
To Survive Caregiving	Cheryl E. Woodson, MD	1
Health, Exercise & Nutrition		
50+ Wellness Program	Et Al.	1
Bound For You Good Health	National Aging Association	1
Encyclopedia of Health & Aging	Evelyn Michaels	1
Medical and Health Guide for Pople Over Fifty, The	The Dartmouth Institute for Better Health	1
Men's Lives	2nd Edition	1
One World, One Heart		1
Selected Topics in Women's Health and Review of Community Approaches to Intervention		1
Your Everyday Guide: Exercise & Physical Activity	The NIA	4
Disease & Illness		
Guide To Independent Living for People with Arthritis		1
Delay the Disease	David Zid	1
Living With A Stroke, A Guide for Families	Richard Senelick et. Al.	1
No Hair Day, Humor Healing for the People with Cancer		1
Shaking Up Parkinson's Disease, Fighting like a Tiger, Thinking like a Fox	Abraham Lieberman	3
Mental Health		
Aging and Mental Health- Aging in the Heartland	Charles Puchta	
Courage to Grieve, The	Judy Tatelbaum	1
Healing Web, The- Social Networks and Human Survival	Marc Pilisuk & Susan Hillier Parks	1
Love Notes To Our Mom	Volume V	1
Overcoming Depression		3
Memory Loss		

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Dementia Caregivers Share their stories: A support Group in a Book	Lynda A. Markut & Anatole Crane	1
Matters of Life and Death	Edited by Tom Regan	2
Yes, You Can	James Stowers	3
Zues and the Salmon- The Biodemongraphy of Longevity	National Research Council	2
Miscellaneous		
Elder Care: A six step guide to balancing work and family	John Paul Marosy	1
Information & Referral by AIRS	V. 21, 1999	1
Information & Referral by AIRS	V. 22, 2000	3
Racial and Ethnic Differences in The Health of Older Americans	Linda G Martin	2